



WESTBROOK SCHOOL FOR YOUNG LEARNERS

103 South Busse Road - Mount Prospect, Illinois 60056

P (847) 394-7340 | F (847) 394-7349 | westbrook.d57.org

September 21, 2018

From the (Assistant) Principal...

Dear Westbrook Families,

I hope this message finds you all enjoying these beautiful September days we've been having!

Fall Conferences Westbrook will hold parent-teacher conferences on Thursday, November 8, Tuesday, November 13, and Thursday, November 15 from 4:20-8:20pm. We will be using an online conference scheduling system. **Conference sign-ups will open on September 28th at 8pm and close on October 26th at 10am.** Please mark this date on your calendar, so that you can sign up with a time to meet with your child's teacher to discuss your child's progress at a time that would work with your family's schedule. A how-to has been created and included in this newsletter to help you with the process of signing up for a conference for your child. If you have any questions, please reach out to your child's teacher.

Coffee & Sweets You are invited to come enjoy a cup of coffee and some sweets with me on Friday, September 28 from 9:30-10:30am. I will be sharing information about the book [The Whole-Brain Child](#), which is the focus of our staff book study this year. We will discuss the different strategies that the authors suggest to help children grow their emotional intelligence. Thank you in advance for finding childcare for this event, if you plan on attending. [Please RSVP by Monday, September 24th!](#)

Data Days Along with teacher observations, parent feedback, students' daily classroom work, and benchmark assessments are used to inform teachers' instruction to meet students' individual learning needs. This week, our kindergarten team and first grade team met to review the assessment data that we have about our students' early literacy and math skills. Teams used the data to identify ways that instruction can be refined to support student growth in the areas of literacy and math. Teams also identified students who would benefit from additional support from our Literacy Support Services (LSS) and Math Support Services (MSS) teams. Families whose children were identified as benefiting from additional support in one or both of these areas will receive letters next week. Please reach out to your child's classroom teacher if you have any questions.

PTO We are so grateful for the support of our PTO! The PTO supports many outstanding programs for our students, including Tasty Bites, assemblies, t-shirts for new students, art supplies, free books, community events, teacher grants, and so much more! If you haven't already joined the PTO, please consider doing so! Membership only costs \$6 for an individual membership or \$12 for a family membership. Please [click here](#) to join the PTO.

Walk for Westbrook Our PTO has worked hard to plan for the Walk for Westbrook this year. This event is the only fundraiser that our PTO sponsors to support all of the wonderful programs they plan and provide for our students throughout the school year. Students have been learning about community helpers for the last few weeks during their time in the library, which fits with the theme of our Walk, *Westbrook Works*, for this year! During the Walk on October 3rd, students will walk around the school and interact with community helper themed stations. One of our stations will give students the opportunity to “mail” a thank you card to our local police officers or firefighters, as well as United States service members.

The PTO is looking for volunteers to help with the Walk for Westbrook! If you are interested in volunteering for this special event, then [please fill out this short form](#).

Tasty Bites The Westbrook PTO will be sponsoring the Tasty Bites Program again this year! This is a special opportunity for kindergarten and 1st grade students to sample a fresh fruit and/or vegetable each month during one of their PE classes. The Tasty Bites program is always a huge hit among the students!

Please [CLICK HERE](#) to learn more about the Tasty Bites Program, provide permission for your child to participate, and even sign up to volunteer. *Please complete this form by Friday, October 12, so that your child can participate. Without a form submitted, your child will not be permitted to try the sample fruit/vegetable/herb.*

Follow Us on Instagram Please follow us on Instagram! Our username is:
westbrook_school_d57.

Enjoy your weekend! Thank you for your support!

Kind regards,
Kristin Vonder Haar

Parent-Teacher Conference Scheduling with SignUp Genius

Instructions For Parents

1. Click on the link for Parent Conferences found on our [D57 Westbrook](#) main page.
2. Teachers are listed across the top. Each tab is a teacher's schedule. Please scroll down on your teacher's sign up page to view all days and times available.

2. Click on the tab to view your child's teacher(s) schedule

1. Click here to view additional conference sign ups

3. Select a conference time

4. Click on Submit to save your time

1st Grade

Brewer Brooks Bruns Chi Coughlin Fergus Gaseor Moore

Show More Sign Ups

Kindergarten
Early Childhood
Specials (Art, Music, & PE)
Special Education & Speech
English Learners (EL)
LSS/MSS (Literacy/Math Support Services)
Westbrook Conference SignUp

Westbrook School 2018-2019

Westbrook Conferences - November 2018

Created by: WS Westbrook School

Date (mm/dd/yyyy)	Time (CDT)	Available Slot	Calendar View
11/08/2018 (Thu.)	4:20pm - 4:40pm	Parent-Teacher Conference	Sign Up
	4:40pm - 5:00pm	Parent-Teacher Conference	Sign Up
	5:00pm - 5:20pm	Parent-Teacher Conference	Sign Up
	5:20pm - 5:40pm	Parent-Teacher Conference	Sign Up
	5:40pm - 6:00pm	Parent-Teacher Conference	Sign Up
	7:00pm - 7:20pm	Parent-Teacher Conference	Sign Up
	7:20pm - 7:40pm	Parent-Teacher Conference	Sign Up
	7:40pm - 8:00pm	Parent-Teacher Conference	Sign Up

Submit and Sign Up

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3. **Conference Sign Up** - Please enter your child's first and last name and your email address.

Please note:

*Parents are able to sign up for a time slot on SignUp Genius without having to create an account.

**For privacy, your name will NOT be displayed on the website. Once you sign up the spot will be reserved and say "Already Filled."

*** If you need to change your time slot you are able to go back and make a change.

Sign Me Up

You can leave a quick note for your child's teacher

Available Slot	Date (mm/dd/yyyy - CDT)	Comment	Quantity
Parent-Teacher Conference	Thu., 11/08/2018 4:40pm - 5:00pm	<input type="text"/>	1

Name: First Last

Email:

Already have a SignUpGenius account? [Login](#)

Student First Name:

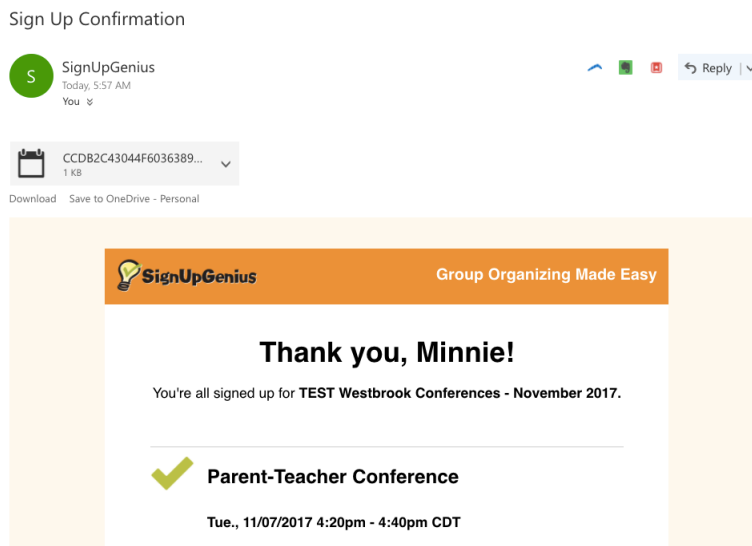
Student Last Name:

Enter your child's first and last name

By signing up, you agree to the SignUpGenius [Terms of Service](#) and [Privacy Policy](#).

Click here to sign up

4. A confirmation email is automatically sent to you. You will also receive a conference reminder 2 days prior to your conference date.



IMPORTANT NOTE FROM THE NURSE:

FOR ALL Kindergarteners, new Preschool students and new 1st graders:

Physical / Immunization reports: Please send the required information to the Health Office **ASAP or prior to October 15th** in order to avoid **exclusion** from school.

Eye Exam report (Kindergarteners only): if not turned in, please send **ASAP or prior to October 15th.**

A HUGE THANK YOU... to parents who have sent in the needed paperwork.

Please keep the Health Office informed of any new health concerns, including injuries...such as casts or stitches (a physician's note will be required regarding PE and recess restrictions).

Together...we will keep the children at Westbrook healthy and safe.

Julie Tworek, RN - Westbrook Building Nurse

847-394-7340 Ext: 2005

jtworek@d57.org

Kim Finnerty, RN - District Nurse

Student Attendance on our Half-day Institute Days

Throughout the 2018/19 school year, there will be five days of half day attendance for students throughout the District.

- At Westbrook, only 1st grade students will attend on those days from **9:20 to 12:20**. Please note the different dismissal time for our busers and walkers. Our 1st grade students will not need to bring a lunch on these days.
- **Our Kindergarten and Circle of Friends students will enjoy the WHOLE day off for the five Institute Days listed below.**
- Our Kids' Corner program will only be available to our 1st grade students from 7:00 to 9:20 a.m. There is no after school Kids Corner on half days. Please make sure to inform your private daycare providers of this variance in schedule.

Please contact the office if you have any questions or concerns.

Below are the Half Day Attendance Dates:

***Non Attendance Day for Circle of Friends and Kindergarten students**

***1st grade 9:20 a.m.-12:20 p.m.**

Friday, October 5, 2018 **Friday, January 18, 2018** **Friday, February 15, 2018**

Friday, March 8, 2018 **Friday, May 10, 2018**

Safety Concerns

For the safety of the students and staff, please do not bring your pet when dropping off or picking up your child. Even the friendliest of pets will protect their owner if they feel they are in danger, many young children are afraid of them, and students may be affected by allergies. The presence of an animal can create an uncomfortable situation for parents and staff. Thank you for your cooperation.

We request that you discontinue all cell phone calls when you are dropping off or picking up your child. Your undivided attention will contribute to the safety of children and staff.

When waiting at Door 9 for your student to be dismissed, please do not allow anyone to climb on the wall/fence. We would not want anyone to get hurt.

Building Access

All visitors and volunteers **must** enter the building through the office entrance (Door 1) during the school day. All visitors must sign in at the office and wear a visitor's badge while in the school building.

Please be advised that no parent/guardian is allowed to take their child off of the playground during school hours. Please follow school policy—come to the office, sign the child out, and let the office staff locate the student.

Also, if you plan to go to our playground after AM dismissal, please stop by the office for a visitor tag so that our recess supervisors are aware of approved visitors.

We appreciate your cooperation in this matter.



Bus Tags

If your student is a bus rider, please make sure you attach the bus tag provided by the District Business office to the handle on top of your child's backpack. This tag is required to ride the buses. If you did not receive a tag, please contact the office. Thanks!

1st Grade Snacks

Please make sure not to pack your 1st grader's snack in their lunchboxes. Students may not have access to their lunchboxes during the day. Retrieving snacks from lunchboxes at a different location is a big distraction in their day. Thanks for your help with this.

Absences/Notes to School

If your child will be absent from school, please contact us at (847) 394-7340, Option 1, to report the absence. Also, if there will be any changes in your child's daily routine, please send a note to your teacher so that she is informed. The note will then be forwarded to the office.

Literacy Support Services

Welcome back returning families and welcome new Westbrook families! LSS, which stands for Literacy Support Services, provides students with an extra dose of literacy instruction in addition to classroom learning and is an extension of the skills and strategies students are working on in their kindergarten or 1st grade classroom. Throughout the year we will be covering topics such as phonemic awareness, phonics, reading strategies, comprehension, fluency and vocabulary. Each month we will be sharing helpful tips, strategies and activities in the Friday newsletter that you can do at home to help your child grow as a reader. Thanks in advance for your support this school year. Your involvement in your child's education is extremely important. We look forward to working with you and your son/daughter this year!

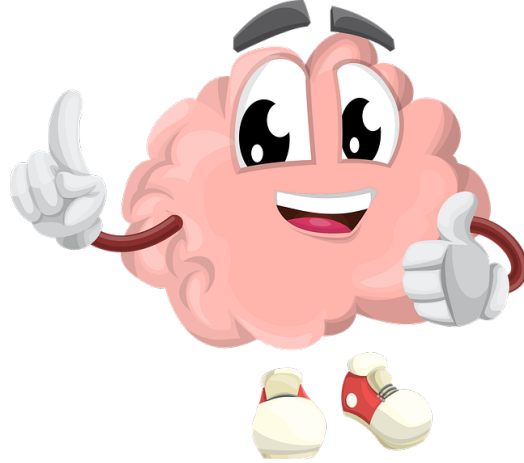


Kara McCarthy- 1st Grade LSS
& Kelly Schneider- Kindergarten LSS

**Above are some interesting statistics about the benefit of children reading each day!

Physical Therapy Bite

Physical Activity and Academic Performance: Focus on Bilateral Coordination



We all know the benefit of physical activity on our bodies. Besides the cardiovascular and musculoskeletal benefits, did you know that physical activity has positive benefits on the brain, especially for our growing students?

Here are just a few of them:

1. Improved cognitive skills, including attention, memory and verbal comprehension.
2. Improved academic achievement on test scores
3. Attitude changes in motivation and self concept
4. Improved academic behaviors such as on task behaviors, organization, motor planning and impulse control.

(Reference: Center for Disease Control and Prevention, Atlanta, GA)

Besides movement and activity in school, it is recommended for school age children to get at least one hour of physical activity per day outside from school.

One way to stay physically active, is to practice bilateral coordination skills...

What is Bilateral Coordination?

Bilateral coordination is defined as the ability to coordinate both sides of the body at the same time in a controlled and organized manner, such as crawling, climbing stairs, riding a bike, throwing a ball and tying shoes. To complete tasks like this, both sides of the brain have to communicate, there has to be an ability to reach across the body and there has to be a sense of spatial awareness- where one's body is in space. This explains why children get more refined and "coordinated " as they get older and as a skill is being practiced.

If the aforementioned components are missing or are difficult, a child might appear as "clumsy" or might be fearful or cautious.

What is the relationship to Academic Performance?

Pediatrics International has reported a significant association between interlimb (bilateral) coordination and academic performance in a group of 100 8-11 year olds. The higher the scores on the motor test (particularly in the area of bilateral coordination), the higher their academic achievement. For the full article, please access this reference:

Sheila Cristina da Silva Pacheco, Carl Gabbard, Lilian Gerdi Kittel Ries and Tatiana Godoy Bobbio. Interlimb Coordination and academic performance in elementary school children. Pediatrics International. October 2016. DOI:10.1111/ped.12972

What are some activities that can help with Bilateral Coordination?

- **Traditional Jumping Jacks** Watch on YouTube at <http://youtu.be/mGkpyOM-bRA>
- **Cross Crawls:** touch your right hand to your left knee. Repeat with the other side. Watch on YouTube at <http://youtu.be/iPQKcTuHsfq>
- **Perform activities to the beat of music or a metronome:** jumping marching, hopping
- **Same Side Ski Jumps:** Watch on YouTube at <http://youtu.be/oGqk0d7q5Tk>
- **Opposite Side Ski Jumps:** Watch on YouTube at http://youtu.be/TvLTh5p_SWg
- **Jumping activities:** jump up and clap hands, jump rope, skipping, jump up and then touch your heels, jumping activities through a floor ladder, tap clap jump. Watch on YouTube at <http://youtu.be/ig0ZaxgRBC8>
- **Animal Walks that use both sides of the body** such as crab walk, bear walk, snake crawling and crawling
- **Dribbling a ball and switching; catching a ball in different ways; dribbling two balls at the same time**
- **Wall switches** Watch on YouTube at <http://youtu.be/2FzEkupY5Ng>
- **Crawl lifts:** Watch on YouTube at <http://youtu.be/KrMGBtwMJA>
- **Braiding** Watch on YouTube at <http://youtu.be/UFZ3zp5MIJk>

Credits to YourTherapySource.com

Have Fun!

Suzana Jelenkovic PT

Any Questions? Please contact sjelenkovic@d57.org

Westbrook School for Young Learners LRC Birthday Book Donation Program



Dear Parents and Guardians,

You are invited to celebrate your child's birthday by making a donation to the Westbrook LRC. A special bookplate with your child's name and birthday will be placed in the front of a book selected by your student from a shelf of our most fun, appealing new books. Also, your student's picture will be displayed in the LRC for the month.

If you would like to celebrate your child's birthday in this manner, please fill out the form below and return it to the LRC with a \$15.00 donation.

Thank you for supporting the Westbrook LRC!

Cindy Larson
LRC Director

Please return this form to Westbrook School for Young Learners.

I would like to celebrate a child's birthday with the gift of a book. I have enclosed \$15.00 to donate a book to the LRC in my child's name.

Student's Name: _____

Birthday (including year): _____

Teacher's Name: _____

Parent/Guardian's signature _____

Summer birthdays can be acknowledged in any month of your choosing.
For questions, contact Cindy Larson at (847) 394-7340, ext. 2315
Please make checks out to *Mount Prospect School District 57*

Westbrook PTO News

September 21, 2018

Hello Westbrook families!

As we approach the date of this year's walk, we've got some reminders and some dates for you.

- Early packet turn in has been extended to 9/25
- The last day to turn in pledge packets is 10/5
- The winners will be announced in the 10/12 Friday Flyer
- Additional raffle tickets and pledge packets are available in the front office.

Remember the class that raises the most money will visit the Mount Prospect Public Works!

Leaders so far: 1st place: Bruno pm/Adamski am, 2nd place: Brooks, Zakula pm

And the class with the highest participation will win a Stuffed Animal Sleepover!

Leaders so far: 1st place: Bruno pm, 2nd place: Zemaitis pm

As a reminder, the PTO is going paperless this year, please visit our website and like our Facebook page for current information!



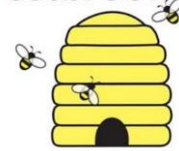
The times for the walk are as follows:

- AM Early Childhood and Kindergarten: 11:15
- 1st grade classes Bruns, Fergus, Roy, Moore, Balk: 11:25
- PM Early Childhood and Kindergarten: 1:45
- 1st grade classes Brooks, Gaseor, Brewer, Coughlin, Chi: 1:55

Don't forget to get there early to write a message to your student in chalk on the sidewalk!



Westbrook PTO



Helping Our Kids Grow

MOUNT PROSPECT SCHOOL DISTRICT 57

Zanna Biasi, Co-President,
suzannabiasi@yahoo.com

Sara Christensen, Co-President,
jaredandsara@gmail.com

Jackie Foley, Co-Vice President,
thefoleys99@comcast.net

Roseann Houghton, Co-Vice
President,

houghtonrm@gmail.com

Liz Fischer, Secretary,
eahapp@yahoo.com

Dianne Malara, Treasurer,
Dianne.malara@gmail.com

PTO email,

ptowestbrook@gmail.com

Please visit our website for
information on membership,
volunteer opportunities, etc.

<http://westbrookptod57.weebly.com/>

Please join our Facebook page,
[Westbrook D57 PTO](#)

PTO Meetings

All meetings take place in the
Westbrook LRC, at 7pm on the
following dates:

10/17, 11/14, 12/19, 1/16, 2/20,
3/20, 4/17, 5/15

DirectorySpot Coming Soon!



**The PTO Directory App will
soon be live! Only PTO
members will have access.**

**To join PTO please visit
westbrookptod57.weebly.com/membership**



Westbrook Works



Only 12 days until the walk!!

Extended Early Submittal Deadline!!!

We want to give as many students as possible the chance to ride to school on a Mount Prospect Fire Truck, Police Car, or Public Works Truck, so we're extended the early submission deadline to **Tuesday, September 25th!**

Would your child like to see Macaroni Soup?

Please keep collecting pledges! We have not reached our fundraising goal yet!

If we reach our goal of at least \$15,000, then we will have an assembly with special guest Macaroni Soup! Our PTO treasurer will keep counting pledges until Friday, October 5th.

For the past 6 years, we have maintained the same fundraising goal: \$15,000. This one event will fully fund the PTO for the entire year. The money comes right back to our students and school in the form of free books, assemblies, t-shirts, art supplies, community events, teacher grants, and so much more.

Walk times

All of the students will walk with their classroom teachers. Some first-graders will walk in the morning, and others will participate in the afternoon. Please check the schedule to see when your child will participate. We hope you can join us the day of the walk to cheer on the students; it is always a fun time for all involved! There will also be an area where you can write messages to our students using sidewalk chalk. You can start writing messages on the sidewalk as early as Tuesday evening as well as the day of the race!

11:15	First Grade Classes: (Bruns, Fergus, Roy, Moore, Balk)
11:25	AM Kindergarten and Pre-School Classes
1:45	First Grade Classes: (Brooks, Gaseor, Brewer, Coughlin, Chi)
1:55	PM Kindergarten and Pre-School Classes

More volunteers are needed!

We are looking for volunteers to assist on the day of the walk. If you would like to volunteer, you can email walkforwestbrook@gmail.com. This is a very fun event for both the parents and students.

Do you need more pledge materials?

If you need another pledge collection form or student raffle tickets, please visit the school office.

When will the raffle winners be announced?

The raffle winners will be announced in October 12th's Friday Flyer! Winners will also be contacted by email and/or phone call.

Make sure to check our PTO website for a full list of raffle prizes!

www.westbrookPTOD57.weebly.com

Current Class Leaders

Most Raised:

1st: Bruno PM
2nd: Zemaitis PM

Highest Participation:

1st: Bruno PM/Adamski AM
2nd: Brooks/Zakula PM

Remember there will also be class prizes! The class that raises the most money will visit the **Mount Prospect Public Works!** And the class with the highest participation will win a **Stuffed Animal Sleepover!**

Prizes!!!

There are donor baskets and student baskets!! Here are *just some* of the items in the baskets:

Tickets to a White Sox, Northwestern and Chicago Wolves Game

Gift Cards to Restaurants and Museums

Excelerate Learning Academy Language Classes

Two Passes to Magic Waters Bowling & Trampoline Passes

Lynfred Winery Wine Tasting For 6

Foss Swim School Giftcards

PARTICIPATE IN

Mount Prospect's First-Ever

Celebration of Cultures



What is it?

Celebration of Cultures seeks to honor the many diverse populations living in Mount Prospect. The event will feature entertainment, cultural booths, a craft fair, and food from around the world.

When is it?

The event will be held on Saturday, September 29 from 11 a.m. to 7 p.m.

Where is it?

Come to Kopp Park (located behind RecPlex at 420 Dempster St).

What should I do?

All Mount Prospect students are invited to answer the question: "Why is it important to live in a town where everyone is welcome?"

Responses can be as short or long as you like, and are due on Fri, Sept 21.

Parents can submit their child's response to Vicki Chung at MPcultures@gmail.com, or students may write their answers and drop them off at Village Hall (Attn: Julie Kane).

Then, come to Celebration of Cultures on Sept 29 to enjoy the festivities and see your answers displayed at the event!

I still have questions!

For more information about the event, please go to:

[www.mountprospect.org/
community/mount-
prospect-celebration-of-
cultures](http://www.mountprospect.org/community/mount-prospect-celebration-of-cultures)





**Mt. Prospect
Park District**

Off School Special – Monday, October 8

All children welcomed between Kindergarten – 5th Grade

Fall into Autumn!

AM: Nickel City in Northbrook

PM: Great Pumpkin Game, Paper Plate Pumpkins, Leaf Blow Game!

- Located in the RecPlex Kids Klub Room, 420 West Dempster, Mt. Prospect
- Hours of operation 7:00 AM - 6:00 PM
- Drop off from 7:00 AM - 9:00 AM, pick up from 3:30 PM - 6:00 PM
- There is a \$1.00 cash late fee for every minute after 6:00 PM that you are late.
- **Rates:** *First Child \$38, Second Child \$33*

If you would like your child(ren) to participate in this program, please register at one of the MPPD facilities or online through the WEBSTORE. Please fill out the attached Permission Slip.

Child(ren) Full Name: _____ Grade(s): _____

Signature of Parent of Guardian: _____ Date: _____

Parent Contact: _____ Phone # _____

Emergency Contact: _____ Phone # _____

Emergency Contact: _____ Phone # _____

Emergency Contacts will need to be available to pick your child up within 15 minutes.

Any Allergies / Special Concerns: _____

OFF SCHOOL SPECIAL PROGRAM #34613



ADMINISTRATION BUILDING

701 West Gregory Street - Mount Prospect, Illinois 60056

P (847) 394-7300 | F (847) 394-7311 | www.d57.org

The District 57 Administration Office is pleased to present this information about upcoming events and news from local organizations that serve our community's children.

Mount Prospect School of Classical Ballet & Studio Impulse at MPPD!

Excellence in dance education in a positive environment. Offering beginning through advanced classes for kids & adults. For details, log on to www.mppd.org or call 847.640.1000, ext. 207

Preschool and Kindergarten Dance Classes Now Forming at MPPD!

Nurture your child's natural love of movement in Pre-Ballet, Mini Medley and Kindergarten Combo classes with MPPD! For details, log on to www.mppd.org or call 847.640.1000, ext. 207

Girls in Aviation Day – Saturday, October 13, 8:30am – 3pm

Sky's the Limit: Interactive Aviation Camp for Middle and High School Girls – FREE but space limited! More info, go to <https://waiskysthelimit.eventbrite.com>

Attention all Parents–Cub Scout Pack 154 Now Enrolling New Scouts-Boys & Girls

Grades K-5. Fun activities planned: pinewood derby, Haunted & Klondike Hikes, Campouts, museum overnights, and more.! Learn about nature and STEM! Email mppack154@gmail.com to learn more.

Off School Special – Monday, October 8

Off School Special on Monday, October 8. Register online or in person at any Mt. Prospect Park District facility. Go to www.mppd.org

Prospect High School Annual Kid's Dance Clinic

Join the Prospect High School Dance Team on Friday, October 12 for a poms clinic and performance at the football game. Email katina.tole@d214.org for the flyer and registration form.

Run/Walk or Volunteer for the 4th Annual Lemons of Love 5K on Sunday, Oct 7

Help raise funds to build Lemons of Love bags for chemo patients! Please go to www.lemonsoflove.org/pink-lemonade-5k.html for more information and to register.

Brazilian Jiu-Jitsu / Self Defense Classes for Kids

The Brazil-021 Kids Anti-Bullying Program is based on techniques of Brazilian Jiu-Jitsu and Self Defense. More info, go to www.brazil021arlingtonheights.com

Halloween at the Y

Halloween at the Y on 10/19 for the whole family from 6-8:30pm. \$5 per family by 10/18. \$10 per family on 10/19. More info, go to <https://www.ymcachicago.org/lattof/>

Most Likely to Succeed

Join us for a screening of *Most Likely to Succeed*. A documentary that examines education and new approaches. More info, go to <https://www.ymcachicago.org/lattof/>

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